



Circus Skills Event

**For groups of between 6 and 150 "skill-seekers!"
An indoor teambuilding event lasting about 2 to 3 hours.**

This team-based event helps participants to discover new skills they never knew they had. The seemingly impossible challenges of learning how to juggle; how to spin a plate; how to use a flower stick; and how to throw and catch a diabolo are quickly mastered.

During this event, fears of failure or looking silly are put to one side. Participants are encouraged to develop a supporting learning environment in which it is OK to ask for help; to share their skills; to acknowledge each others' successes; and to accept that getting it wrong is all part of the learning process. Through following this "path", participants are always amazed at just what they are able to achieve!



Typically, the event runs by subdividing participants into teams. Each team is introduced to a new skill before moving on to look at the next discipline. During this time, each participant is encouraged to have fun, to experiment, to ask for help and to offer help.



Later on each team will be asked to demonstrate their newly-acquired skills in a show-case to be viewed, of course, by the whole group! Within this, teams will need to decide who does what and when.

This is a memorable event - everyone enjoys the learning a new skill and gaining a party piece to boot! Participants also recognise and value just how much can be achieved as a result of creating a constructive supportive working environment.

This event is great as a conference energiser, or as part of a teambuild. It also is valuable as practical exercise within of a coaching training event.