



Talybont Trail

A memorable away day! An adventurous 1-day team building event for 5 to 25 "trailblazers"

The Talybont Trail is the name we have given to one of our favourite events in the *Brecon Beacons* National Park of South Wales in the UK. This is an ideal event if you want an active team building event to accompany an off-site team meeting or a stand-alone away day.

Our base for the event is *Talybont on Usk*, near *Crickhowell* - an attractive small town in the Usk Valley - reached within the hour from the Severn Crossing or a little over the hour from the West Midlands. We make use of a number of attractive country hotels and coaching inns including "The Bear" and "The Usk Inn" - both winners of numerous "Pub of the Year" awards; in fact, our participants like them so much they frequently make return visits with partners and friends. The real fires, great food, choice of ales, and fine scenery take some beating!



The Talybont Trail is a full day that requires planning, co-ordination, problem solving and teamwork. After a thorough briefing, your team draws up a plan of action, plots their route on maps, collects and packs equipment and allocates roles and responsibilities. A facilitator will work with your team to ensure the event is positively and professionally presented and debriefed upon completion. All necessary training and equipment is provided with close attention to safe practices.

The journey undertaken is in three stages: the first takes place using Canadian Canoes along the "Brec & Mon" canal including the daunting 400 metre long *Ashford Tunnel*. Later, you are on foot traversing or (if you feel energetic!) climbing *Tor y Foel* (Welsh for "Steep Bare Hill"). The views are superb.

From *Tor y Foel* we pick up mountain-bikes for an exhilarating descent on forest-tracks back to our start point. As the journey unfolds a sequence of team challenges are encountered. These require your team to stop, think and overcome specific team challenges. The reward: a set of clues that, when pieced together, will guide you to a hidden treasure box - your prize for completing *The Talybont Trail*. This is an active event that is however fully within the scope of any reasonably active person - you do not need to be fit or have previous experience of outdoor activities. To finish we return to your hotel for hot baths/showers and a most welcome drink from the bar - a memorable day!

